

VINYASA FLOW ALL LEVELS

Holiday Charity Flow Hosted by David Lynch



The Alliance for
Children's Rights

December 15th, 2007

Saturday, 3:00pm—5:30pm

Location

Center for Yoga

Price

Suggested donation: \$20

Teachers Include (subject to change)

David Lynch

Mia Togo

Clay Kyle

Lucy Bivins

Joan Hyman

James Morrison

Peter Barnett

Malachi Melville

Whitney Allen

Kathryn Budig

Take part in a Holiday Charity Flow Class that really will make a difference! All proceeds will go to benefit The Alliance for Children's Rights which provides free legal services and advocacy to impoverished and abused children in Los Angeles. Founded in 1992, this organization has helped more than 60,000 children.

Hosted by David Lynch, this special event will be team taught by some of YogaWorks' finest flow teachers. Join this inspiring group of teachers for an afternoon of Vinyasa Flow Yoga, live music, raffle prizes, and more—while helping to improve the lives of children.

